

Is your child...

- Spending too much time alone?
- More easily irritated or crying more than normal?
- Having problems focusing or sitting still?

SCHOOL-BASED BEHAVIORAL HEALTH

is the answer – right down the hall.

Our services are...

- Provided only by parent or guardian request
- Delivered by Northern Rivers staff licensed by the NYS Office of Mental Health
- A partnership between students, parents, clinicians, and school personnel
- Held right in the school, during the school day

Call one of our **Client Engagement Specialists at 518.426.2687**



I'm Lauren Blaauboer, and I'm here to help

Lauren Blaauboer, LMHC
School-Based Clinician

Northern Rivers Family of Services
City School District of Albany
Sheridan Preparatory Academy
400 Sheridan Ave, Albany, NY 12206
518.475.6858

I'm Maureen Smith, and I'm here to help

Maureen Smith
Family Support Worker

Northern Rivers Family of Services
City School District of Albany
Sheridan Preparatory Academy
400 Sheridan Ave, Albany, NY 12206
518.475.6850



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