NORTHERNRIVERS

Mental Health Facts for Young Adults



1 in 5 youths ages 13-18 have, or will have, a serious mental illness



20% of youth ages
13–18 live with a mental health condition.



11% of youth have a mood disorder.



10% of youth have a behavior or conduct disorder.



8% of youth have an anxiety disorder.



50% of all lifetime cases of mental illness begin by age 14 and 75% by age 24.



Approximately **50**% of students age 14 and older with a mental illness drop out of high school.



The average delay between onset of symptoms and intervention is **8–10** years.



70% of youth in state and local juvenile justice systems have a mental illness



Suicide is the **third** leading cause of death in youth ages 10–24.



90% of those who died by suicide had an underlying mental illness

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