# NORTHERN RIVERS

#### **Administrative Offices**

60 Academy Road, Albany 518.426.2600 William Gettman Jr. Chief Executive Officer William.Gettman@nrfs.org

#### Academy Place Residence

60 Academy Road, Albany 518.982.2164 Willie Leak

Executive Program Director Willie.Leak@nrfs.org

### **Residential Treatment Facility**

60 Academy Road, Albany 518.426.2728

Mary Sydnor Director Mary.Sydnor@nrfs.org

#### **Neil Hellman School**

60 Academy Road, Albany 518.426.2766 Jennifer Giufre

Principal Jennifer.Guernsey@nrfs.org

#### Christopher Le Senior Director

Day Treatment Program 518.830.0666

#### **Albany Prevention Program**

60 Academy Road, Albany 518.426.2652 **Mary Purdy** Senior Director Mary.Purdy@nrfs.org

#### Short-Term Crisis Stabilization 58 Academy Road, Albany

518.292.5499 Mary Beth Musco Director MaryBeth.Musco@nrfs.org

## **Our Academy Road Campus**

Providing life-changing care since 1829

Since 1829 we have been providing life-changing care to children, adults, and families. Although the look of our 18.7-acre campus in the heart of Albany has changed over our 188-year history, our mission of protecting children, preserving families, and helping to ensure their brighter future has never changed. We look forward to the new horizon of our future as we remain true to the bold and compassionate leadership of our founders who shaped and set our course nearly two centuries ago.

- ✓ 60 residents on campus ages 5–21
- ✓ 90 residential staff on campus
- ✓ 140 students at Neil Hellman School, grades K–12, from 40 upstate New York school districts
- More than 90 school staff on campus
- Residents and students face a spectrum of mental, emotional, behavioral and social challenges
- Residents and students are placed with us by their county or school district because they feel we are the right place for them to receive care
- Residential facilities include Residential Treatment Facility, mental health crisis respite (Healy), mental health community residence (Miriam), Academy Place
- Staff are trained and then receive ongoing training to diffuse conflict and deescalate crises, including Therapeutic Crisis Intervention (TCI) training and Positive Behavior Support (PBIS) training
- Introduced in 2015, a comprehensive internal campaign, Promoting Positive Interventions, successfully eliminated the use of restraints; developed ways to avert crises; reviewed and ensured appropriate staffing, agency policies, and training; and ensured that environments are therapeutic and conducive to the acute needs of students/residents.