# NORTHERN **RIVERS**

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## **Our Impact in Albany County**

Providing life-changing care since 1829

We began serving the people of Albany in 1829 as the Ladies Orphan Society to provide shelter, care, and education to orphaned, neglected, and abused children. Today we operate residential, clinical, educational, and administrative facilities throughout Albany County.

#### **Residential Services**

- Academy Place, a 24-bed residential facility with units designed to deliver multiple levels of care
- $\checkmark$ the **Residential Treatment Facility**, a 14-bed intensive program for youth who have exhibited mental health symptoms with a pattern of psychiatric interventions and hospitalizations
- $\checkmark$ Group homes and community residences where youth focus on community integration and developing independent living skills

Educational Services include the Neil Hellman School, an 853 special education facility serving 130 students in grades 1-12

### **Behavioral Health Services**

- The Behavioral Health Center on New Karner Road, a New York State Office of Mental Health-licensed outpatient counseling facility serving the public
- $\checkmark$ **OnTrackNY**, an intensive support program for young adults dealing with earlyonset psychosis
- School-Based Behavioral Health offices, with 15 offices serving 9 districts,  $\checkmark$ provides NYS Office of Mental Health-licensed outpatient counseling to students in the school building

School-Based Behavioral Health Offices		
	Capital Region BOCES	Ravena-Coeymans-Selkirk
	<ul> <li>Airline Drive Academy</li> </ul>	Central School District
at	Cohoes City School District	- Pieter B. Coeymans Eleme
	<ul> <li>Cohoes Middle School</li> </ul>	School
	Guilderland Central School Dist.	<ul> <li>RCS Jr./Sr. High School</li> </ul>
	<ul> <li>Farnsworth Middle School</li> </ul>	South Colonie Central Scho
	North Colonie School District	District

- Shaker High School
- onie Central School - Roessleville Elementary School

**Coeymans Elementary** 

- North Albany Middle School Schuyler Achievement Academy
- Sheridan Preparatory Academy - Clement Center for Education

**Albany City School District** 

O'Neal Middle School Hackett Middle School

- Myers Middle School

- Albany International Center at

- Albany High School

Crisis Response Services, including Mobile Crisis teams for youth and adults, Short-Term Crisis Stabilization programs for youth ages 5–17, and Youth ACT community mental health services for youth ages 10-21.

Community-based programs, including case management, prevention, foster care, supervised visitation, parent education, and clinical services for children and families, are located at multiple Albany offices and serve thousands of people each year.

The Sidney Albert Training and Research Institute (SATRI), a professional training organization that collaborates with businesses, human service agencies, school districts, and institutes of higher learning to provide training opportunities to professionals, community members, children, and families.

Foster Care provides comprehensive support for foster children, foster parents, and biological family to work toward reunification and permanency goals. Northern Rivers currently supports more than 50 foster homes in Albany County.

#### **Our Challenge**

Residents and students face a spectrum of mental, emotional, behavioral, and social challenges. They are placed with us by their county or school district because they feel we are the right place for them to receive care.

Staff are trained and then receive ongoing training to diffuse conflict and deescalate crises, including Therapeutic Crisis Intervention (TCI) training and Positive Behavior Interventions and Supports (PBIS) training.