



Our Impact in Saratoga, Warren & Washington Counties

Helping children, adults, and families live their best lives

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Northern Rivers Family of Services has served the children, adults, and families of New York state since 1829 with a continuum of home-, clinic-, school-, and community-based, vocational rehabilitative, supported employment, and senior-supporting programs that provide person-centered, trauma-informed solutions to ensure clients live their best lives.

Today Northern Rivers serves nearly 2,000 people each year throughout Saratoga, Warren, and Washington Counties.

Behavioral Health Services

- ✓ the **Behavioral Health Center** in Malta is a NYS Office of Mental Health–licensed outpatient counseling facility serving the public
- ✓ **School-Based Behavioral Health** offices, with 15 offices serving 9 districts, provides NYS Office of Mental Health–licensed outpatient counseling to students in the school building

School-Based Behavioral Health Offices

Argyle Central School District – Argyle Central School	Cambridge Central School Dist. – Cambridge Jr./Sr. High School	Queensbury Union Free School District – Queensbury Elementary School
Ballston Spa Central School Dist. – Ballston Spa Middle School – Milton Terrace North Elem. School – Malta Avenue Elementary School	Hadley-Luzerne Central School District – Hadley Luzern Elementary School – Hadley-Luzerne Jr./Sr. High School	– Queensbury High School – Queensbury Middle School – William H. Barton Intermediate School
Burnt Hills Central School Dist. – Burnt Hills–Ballston Lake High School – Charlton Heights Elem. School – O'Rourke Middle School – Pashley Elementary School	Hartford Central School District – Hartford School Jr./Sr. High School	Stillwater Central School Dist. – Stillwater Elementary School – Stillwater Middle School – Stillwater High School

Crisis Response Services

- ✓ **Assertive Community Treatment (ACT)** and **Youth ACT** provide rehabilitation and support services for adults and youth in Saratoga, Warren, and Washington counties who struggle with serious and persistent mental illness
- ✓ **Home-Based Crisis Intervention** provides intensive in-home services for families with children, help them to manage crises, build family relationships, and build life and coping skills
- ✓ **Mobile Crisis Services** provides rapid-response multidisciplinary care to help children, adolescents, and adults avoid unnecessary emergency room visits and hospitalization

Community Services

- ✓ **Prevention and Family Preservation**, intensive programs designed to provide in-home support to keep children safely at home with families
- ✓ **Health Home Care Management**, for children, service coordination and support for those enrolled in a NYS Medicaid Health Home
- ✓ **Child and Family Treatment and Support Services (CFTSS)**, provide home and community-based rehabilitative, therapeutic, and peer-driven supports

Foster Care provides comprehensive support for foster children, foster parents, and biological family to work toward reunification and permanency goals.

Residential and **Education** programs in Albany and Schenectady provide services to clients in Saratoga, Warren, and Washington counties.

Our Challenge

Residents and students face a spectrum of mental, emotional, behavioral, and social challenges. They are placed with us by their county or school district because they feel we are the right place for them to receive care.

Staff are trained and then receive ongoing training to diffuse conflict and deescalate crises, including Therapeutic Crisis Intervention (TCI) training and Positive Behavior Interventions and Supports (PBIS) training.