

Is your child...

- Spending too much time alone?
- More easily irritated or crying more than normal?
- Having problems focusing or sitting still?

SCHOOL-BASED BEHAVIORAL HEALTH

is the answer – right down the hall.

Our services are...

- Provided only by parent or guardian request
- Delivered by Northern Rivers staff licensed by the NYS Office of Mental Health
- A partnership between students, parents, clinicians, and school personnel
- Held right in the school, during the school day

Call one of our [Client Engagement Specialists at 518.426.2687](tel:518.426.2687)



*I'm Alexis Tama,
and I'm here to help*

Alexis Tama, LMHC

School-Based Clinician

Northern Rivers Family of Services

Guiderland Central School District

Farnsworth Middle School

6072 State Farm Road, Guiderland, NY 12084

518.456.6010, ext. 3014

NORTHERNRIVERS