

TELEHEALTH FOR YOU.

Meet Sam, your 24/7 personal healthcare provider.

No waiting rooms. Our team of medical providers is ready to care for you, right from your phone, desktop or mobile app.



Urgent or Emergent Care



Primary Care



COVID-19 Care



At-Home Testing



Prescriptions



Medical Questions & More!

Powered by UCM Digital Health, the dedicated team of medical providers you'll meet when you use Sam are here to help you whenever you need.

Sam provides convenience, quality and immediate availability for patient care—whether illness, injury or simply seeking medical knowledge. Our emergency-medicine-trained staff is skilled in all conditions—common or complex—we are here for you. Our dedicated team of medical providers offer clinical resolutions and our care coordinators can schedule labs, imaging, and other medical services our medical providers order.



Through Sam, you have instant access to UpToDate clinical information, which provides accurate, easy-to-understand, reliable medical information that helps you become better informed about your care.



You can choose how you would like to start a consult:





