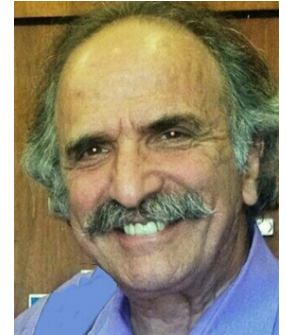


**Breakout Session**  
**The Role of Peers,  
Families, and Supports**

**The Evolution of Peer Support for Psychosis:  
Early Intervention and Beyond**  
Instructor: Harvey Rosenthal



**About Session**

Peer Specialists have been certified to use their lived experience to work with individuals to facilitate engagement from a “colearning” rather than “helping” role, thereby opening space for connection that complements work in a clinical setting. Attendees will be given examples of how a peer workforce has been integrated into contemporary mental health services, followed by a discussion of the growing role of Peer Specialists in coordinated specialty care treatment of young adults, and the productive synergy encouraged between clinical staff and peers in the OnTrackNY first episode psychosis model.

**About Harvey Rosenthal**

Harvey Rosenthal is the Executive Director for the New York Association of Psychiatric Rehabilitation Services. He has 40 years of experience working to promote public mental health policies and services that advance the recovery, rehabilitation, rights, and full community inclusion of individuals with psychiatric disabilities and/or diagnoses. His advocacy has helped to transform state and national mental health systems, increase access to community-based housing, employment and support services and to advance numerous recovery and criminal justice-related mental health reforms. Rosenthal has helped create several nationally acclaimed and replicated self-help, employment, and transformational training innovations. He has also worked to fight stigma, discrimination, and human rights violations and to expand informed choice protections and cultural competence, and his expertise is regularly sought by state and national print and broadcast reporters. His interest in promoting mental health recovery is personal, dating back to his own hospitalization at age 19.

**Continuing Education Credits: 1**



**The Role of Families and Supports in  
Recovery with Psychosis**  
Instructor: Jenna Bernhardt, LCSW

**About Session**

Family members often provide a wide range of support throughout a loved one’s course of a psychotic disorder. Attendees will learn background on the recovery movement in mental health and how family and culture have influenced care. Helpful and unhelpful approaches to responding to a family member experiencing psychotic symptoms will be outlined. The importance of self-care for family members and avenues for seeking their own support will be discussed. Lastly, participants will learn about role of the family system in recovery and interventions that are used in clinical work.

**About Jenna Bernhardt, LCSW**

Jenna Bernhardt, LCSW, is a New York state licensed clinical social worker and graduate from the SUNY Albany School of Social Welfare Master’s program. Over the last eight years, she has worked with many individuals with lived experience of psychosis. She finds it rewarding to support other people on their journey for holistic wellness and a fulfilling life. Ms. Bernhardt is currently the Primary Clinician and Outreach and Recruitment Coordinator with the OnTrackNY first episode psychosis program at Northern Rivers Family of Services in Albany, N.Y.

**Continuing Education Credits: 1**