



Children's Health Home of Upstate New York

Family Driven Care Management Services

Health Homes 101

New York's Medicaid program serves over 5 million enrollees with a broad array of health care needs and challenges. While the majority of Medicaid enrollees are relatively healthy and only require access to primary care practitioners to obtain episodic and preventive health care, the Medicaid program also has several population groups who have complex medical, behavioral, and long term care needs that drive a high volume of high cost services including inpatient and long term institutional care.

Navigating the current health care system can be difficult for relatively healthy Medicaid recipients and even more so for enrollees who have high-cost and complex chronic conditions that drive a high volume of high cost inpatient episodes. A significant percentage of Medicaid expenditures are utilized by this subset of the Medicaid population. Appropriately accessing and managing these services, through improved care coordination and service integration, is essential in controlling future health care costs and improving health outcomes for this population.

What is a Health Home?

A Health Home is a care management service model whereby all of an individual's caregivers communicate with one another so that all of a patient's needs are addressed in a comprehensive manner. This is done primarily through a "care manager" who oversees and provides access to all of the services an individual needs to assure that they receive everything necessary to stay healthy, out of the emergency room and out of the hospital. Health records are shared among providers so that services are not duplicated or neglected. Health Home services are provided through a network of organizations – providers, health plans and community-based organizations. When all the services are considered collectively they become a virtual "Health Home."

Who is Eligible to be in a Children's Health Home?

Children from birth *through* age 21 enrolled in Medicaid and have one or more of the following:

- 1) At least two chronic conditions
- 2) Diagnosed Severe Mental Illness (SMI) including Severe Emotional Disturbance (SED) or
- 3) HIV

Pending approval from CMS, "trauma, and at risk for another chronic condition" will be added to these eligibility criteria.

What does a Health Home do?

A Health Home offers six core services:

- 1) Comprehensive Care Management
- 2) Care Coordination and Health Promotion
- 3) Comprehensive Transitional Care
- 4) Individual and Family Support
- 5) Referral to Community and Social Support Services
- 6) Health Information Technology



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Who is CHHUNY?

The Children's Health Homes of Upstate New York, LLC (CHHUNY) is a newly formed entity established to plan for and operate as a Health Home for Children. CHHUNY is using a model of care management based upon the belief that every family has strengths and that families are the natural and most effective drivers of their care. This model also ensures that families have "voice and choice," at every stage in the care management process.

CHHUNY was founded by several leading children's health and human services agencies and now includes a network of more than 100 child and family agencies across 54 of 61 counties in New York State. Current Board Members and Stakeholders of the CHHUNY, LLC are:

Astor Services	LaSalle School
Baker Victory Services	Liberty Resources
Child and Adolescent Treatment Services	New Directions
Child and Family Services	Northern Rivers Family Services
Families Together	Pathways
Hillside Family of Agencies	St. Joseph's Hospital
Hope House	Vanderhyden Hall
House of the Good Shepherd	Villa of Hope

Collectively, this group offers more than decades of experience serving children and families.

Why Choose CHHUNY?

CHHUNY has been created in order to provide quality family driven, youth guided care management to children and youth with needs in the region by partners experienced in both managing and providing care to children and their families.

What CHHUNY brings:

- Presence in 54 upstate counties that ensures continuity of care for a child and family that moves
- Standardized processes that provides ease of access to LDSS and community referrers
- Deep understanding of the unique needs of children (all participating board members have long history of serving children/families)
- Commitment to family driven care (our model proposes coaching the family to manage their own care)
- Commitment to principles of Family Finding for disconnected youth
- Access to system wide consultation for assistance with complex needs
- One of the most comprehensive data management systems to work with agencies of all types and sizes making the transition to the Children's Health Home model easier and more cost effective for both case managers and service providers

At a time when the Medicaid system is increasingly driven by the adult system, there are only two Health Homes that are operated exclusively by children's providers – CHHUNY and the Collaborative for Children and Families serving New York City. Our Health Homes are partnering together to ensure that the children's community continues to have a strong leadership voice.

www.ChildrensHealthHome.com

The Children's Health Home of Upstate New York was founded to provide quality, family driven, youth guided care management to high needs children and youth residing in the 52 counties of Upstate New York.