

# Children and Family Treatment and Support Services in NYS Medicaid

## FACT SHEET



## Children and Family Treatment and Support Services

Children and Family Treatment and Support Services (CFTSS) are new behavioral health services covered by NYS Medicaid. CFTSS help children and youth with mental health and substance use needs. CFTSS work with each child/youth to provide care in a way that works best for them and their families.

CFTSS are part of Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) services. EPSDT is a federal law. EPSDT services help find and treat children's health problems early so that they can have the best health and development possible.

### How Are These Services Provided?

All children/youth under age 21 who are eligible for Medicaid are covered for CFTSS. Children/youth can get these services from Medicaid.

CFTSS works for children/youth from any background, or who speak any language.

CFTSS put child/youth and family choices first.

CFTSS can be provided in your home or community, whatever works best for your family.



Department  
of Health

Office of  
Mental Health

Office of Alcoholism  
and Substance  
Abuse Services

Office for People  
With Developmental  
Disabilities

Office of  
Children and  
Family Services



## Eligibility

### **CFTSS are for Children/youth who are:**

- Enrolled in Medicaid
- Under the age of 21

### **And who:**

- Need help with social, emotional, or behavioral health challenges, or
- Need help with substance use issues

## Accessing CFTSS

To get CFTSS, a child/youth will need a referral and a recommendation.

### **Referral:**

- Anyone who knows a child/youth who may need CFTSS can make a referral to a CFTSS provider
- A youth who thinks they need CFTSS can make their own referral to a CFTSS provider

### **Recommendation:**

- A licensed practitioner who sees the child/youth, for example your pediatrician or therapist, can make a recommendation to the CFTSS provider
- A qualified CFTSS provider may make a recommendation for CFTSS

## Finding a CFTSS Provider

NYS is designating providers to deliver these new services. If a child or youth is enrolled in a Medicaid Managed Care Plan, that Plan will have a list of available providers within their network.

Contact the child's Medicaid Managed Care Plan to find a CFTSS provider that works with the Plan. Or visit [www.omh.ny.gov](http://www.omh.ny.gov) to find a list of CFTSS providers who take Medicaid.

## More Information

For more information on CFTSS and the New York State Children's Medicaid System Transition, visit The Office of Mental Health at [www.omh.ny.gov](http://www.omh.ny.gov) or the Department of Health at [www.health.ny.gov](http://www.health.ny.gov)

<sup>1</sup> <https://msp.scdhhs.gov/epsdt/site-page/aboutNYSOMH>