

Who can get these services?

Children and youth (younger than age 21) who are covered by Medicaid and have mental health needs, substance use needs, or both, can receive Children and Family Treatment and Support Services at no additional cost. These services are covered by regular Medicaid or, if enrolled in a Medicaid managed care plan,* these services are available through the health plan.

How will these services help?

These children's services meet the individual needs of children and their families and caregivers by:

- Identifying mental health and substance use needs early
- Providing support in the home and community
- Preventing the need for emergency room visits, hospital, or out-of-home placements

What is a Medicaid managed care plan?

Medicaid managed care plans are health insurance companies that oversee and coordinate care. Children and youth who are enrolled in a Medicaid managed care plan will get most of their Medicaid benefits through that health plan.

To find out more about Children and Family Treatment and Support Services, contact your health-care provider, Health Home care manager, care coordinator, or Medicaid managed care plan.



Founded where the Mohawk and Hudson meet, like the rivers that shaped our region, Northern Rivers Family of Services helps change lives by shaping the future of those we serve throughout the Capital Region and beyond. Northern Rivers is a family of human services agencies that work together and are committed to helping children, adults, and families.

Formed in 2012, Northern Rivers is the parent organization to Parsons Child & Family Center (founded in 1829 in Albany) and Northeast Parent & Child Society (founded in 1888 in Schenectady). Our quality of care, depth of programs, combined size, and passion for the mission make us a leading human services provider.

Informed by our nearly 200-year heritage, our 1,400-strong workforce provides services for 16,000 children, adults, and families throughout 35 counties throughout upstate New York.

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NYS Children's Medicaid Children and Family Treatment and Support Services

Information for Children, Youth, and Families



Department
of Health

Office of
Mental Health

Office of Alcohol
and Substance
Abuse Services

Office of People
With Developmental
Disabilities

Office of
Children and
Family Services



Children and Family Treatment and Support Services

These new mental health and substance use services, available with NYS Children's Medicaid, give children, youth (younger than age 21), and their families the power to improve their health, well-being, and quality of life. These services strengthen families and help them make informed decisions about their care. Services are provided at home or in the community.

Therapy Services

(Other licensed practitioner)

- Assess mental health, substance use needs, or both
- Identify strengths and abilities through individual and group therapies
- Provide individual, group, or family therapy where clients are most comfortable

Rehabilitation Services

(Psychosocial rehabilitation and community psychiatric supports and treatment)

- Incorporate therapy goals into everyday life
- Provide medication management support
- Develop relationship and communication skills with family, friends, and others
- Offer self-care practices
- Learn how to use coping skills to manage emotions

Family Peer Support Services

(Anticipated July 2019)

- Support for adults raising youth with mental health and/or substance use challenges
- Provided by a Credentialed Family Peer Advocate/Certified Recovery Peer Advocate who has similar experiences
- Get support and assistance with:
 - Locating information and resources available to meet the youth's needs, family's needs, or both
 - Making informed decisions
 - Building and strengthening natural supports and resources