

JumpStart gives City of Albany residents a boost to break down barriers and meet their immediate needs with food, shelter. accessing public assistance, Medicaid access, transportation, securing IDs, and more.

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These services are provided by Northern Rivers Family of Sevices and member agencies.



JumpStart Short-term services to give your clients a boost

Northern Rivers' JumpStart services provide short-term, intensive help to City of Albany residents hardest-hit by the pandemic. Our Community Resource Advocates provide hands-on assistance to address issues that make a real difference in health including housing, food, and financial insecurities. We break down barriers, connect people to resources, and build a foundation for future success.

We believe that a successful recovery effort must focus on improving the well-being of city residents, especially those who were already marginalized, disadvantaged, or underserved, and work toward repairing longstanding racial and social inequalities. By working together and lifting up those most in need, our community becomes stronger and healthier.

What We Do

Community Resource Advocates perform a first-day assessment of a client's immediate health, safety, food, and community support needs. We team up with existing providers and community resources to meet concrete service needs such as food, shelter, accessing public assistance, Medicaid, transportation, and more. The 6-week program is designed to position participants for long-term success by breaking down barriers and building pathways to better health.

Who Is Eligible

JumpStart services are available to any City of Albany resident with preference given to those needing the most assistance in improving their social determinants of health.

Getting Started

Residents can be referred through family, friends, government agencies, and community providers, as well as by self-referral. Services are always voluntary and driven by an initial screening and the resident's personal goals.

For more information or to refer a potential client, contact Penny Miller (see information at left).

