



# Adoption Navigation Services

## Supporting adoptive and guardianship families

### Adoption Navigation Services

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*These services are provided by  
Northern Rivers Family of Services  
and member agencies.*

**NORTHERN  
RIVERS**

Northern Rivers' Adoption Navigation Services provides support and guidance for families who have come together through adoption and guardianship. Our team of experienced, caring, compassionate professionals help you work through challenging adoption and guardianship processes, connect you to other community resources, and work with you to build a foundation for successful transitions, stability, and growth. We have extensive knowledge and lived experience parenting children with emotional, mental health, and trauma-based needs. This program is funded through a grant from the New York State Office of Children and Family Services (OCFS).

### How We Can Help

Our trauma-knowledgeable staff can provide families with:

- An understanding of the crises that adopted children and youth in guardianship can face, as well as strategies to help parents with parenting challenges along and emotional support for navigating the complexities of these situations
- A connection to services, providers, and trainings tailored to those who have adopted or who have children in guardianship care
- Assistance in meeting the needs of youth so that the family can avoid out-of-home placements

### Available Services

- A helpline for information and services: 518.426.2641 or [adoptionnavigationservices@nrfs.org](mailto:adoptionnavigationservices@nrfs.org)
- Case management to help families access services
- Support groups for parents, currently through Zoom virtual meetings
- Activities for families both in person and through Zoom virtual meetings
- Training opportunities for parents and professionals
- Support to access appropriate services for educational needs
- Referral to a local adoptive-sensitive practitioner

### Who Is Eligible?

Families who have an adopted child younger than age 21 still living at home or who have legal guardianship or a kinGAP agreement for a child younger than age 18 living at home and who reside in Albany, Fulton, Montgomery, Rensselaer, Saratoga, Schenectady, Warren, or Washington County are eligible for this free service.

### Getting Started and Inquiries

Families interested in our services should call our team at 518.426.2888, and we will be happy to talk about enrolling you in our program.

For more information, email [AdoptionNavigationServices@nrfs.org](mailto:AdoptionNavigationServices@nrfs.org) or call 518.426.2641. We are committed to responding to inquiries as quickly as possible.