

NORTHERN RIVERS

NORTHEAST PARENT & CHILD SOCIETY
PARSONS CHILD & FAMILY CENTER

SATRI Training & Research

TRAINING NEWS LINK

January 2018 - February 2018

Welcome to SATRI Eric Nelson!

SATRI is pleased to welcome Eric Nelson, M.S. as the new Training Manager for external contracts. Eric comes to us with eight years' experience in the human services field. He began his career as a mental health assistant at Ellis Hospital where he gained a plethora of knowledge around working with both adolescents and adults living with mental illness. Seven years ago Eric joined the Northern Rivers team as a health care integrator at Northeast Parent and Child Society. He quickly worked his way up, becoming a program coordinator in 2012 and the Program manager in 2015. Eric's experience with the B2H waiver, as well as his role in the transition to managed care over the last year will add invaluable experience and knowledge to the SATRI team. Welcome Eric! We are excited to have you join us and look forward to working with you!

Jillian Gecewicz, LCSW
Director, Training and Research

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QuotesPics.net

Internal Trainings

Clinical

January 16, 2018 – Understanding & Supporting LGBT Youth 8:30am-12:30pm
(4 CEU's)

January 17, 2018– Baseline Coding of CANS NY 8:30am-12:30pm at SATRI (4 CEU's)

January 19, 2018 – Essentials of Assessment: Attachment - 9:00am-12:00pm at SATRI
(3 CEU's)

February 2, 2018 – Essentials of Assessment: Permanency- 9:00am-12:00pm at SATRI
(3 CEU's)

February 9, 2018 – Culture & Diversity in Service Planning 9:00am-12:00pm at SATRI
(3 CEU's)

February 16, 2018 – Strength Based Treatment in trauma Informed Care 9:00am-
12:00pm at SATRI (3 CEU's)

TCI Training (Therapeutic Crisis Intervention)

Full TCI:

January 18, 19, 25 & 26, 2018- TCI Full Training 9:00am –5:00pm Childrens' Home,
Schenectady

February 8, 9, 15, & 16, 2018 - TCI Full Training 8:30am-4:30pm at SATRI

Update TCI:

January 17, 2018– TCI Update Training 8:30am-4:30pm at SATRI

February 14, 2018 -TCI Update Training 9:00am –5:00pm Children's' Home, Schenec-
tady

Internal Trainings

First Aid/CPR

January 8, 2018 -First Aid/CPR 9:00am-3:00pm at SATRI

February 12, 2018 -First Aid/CPR 9:00am-3:00pm at SATRI

Applied Suicide Intervention Skills Training (ASIST)

February 21 & 22, 2018 – Applied Suicide Intervention Skills Training (ASIST) 8:30am-4:30pm at SATRI (14 CEUs) *(Must attend both days)*

Med Admin

January 4, 2018 - Med Admin 9:30am-11:00am at SATRI

February 1, 2018 - Med Admin 9:30am-11:00am at SATRI

Motivational Interviewing

January 29, 2018 - Motivational Interviewing -8:30am - 4:30pm at SATRI (6 CEU's)

Safety and Awareness

February 7, 2018 -Suicide Awareness, Prevention, Screening & Tx 9:00am-3:00pm at SATRI

ARC

January 22, 2018 - Attachment, Self-Regulation & Competency 10:00am-4:00pm at SATRI (6 CEU's)

DASA

January 22, 2018 - DASA 9:00am-4:00pm at SATRI

Internal Trainings

Compliance Training

Every member of our Workforce, full or part-time, is required to complete several mandated compliance trainings during the month of January in order to remain on active duty. Our Learning Management System (LMS) software, available at <https://northernrivers.csod.com/>, was designed to facilitate this process. **All Workforce members with regular computer access are expected to complete these trainings online.** We will offer a limited number of in-person trainings **only** for those without regular computer access. Below are some guidelines on accessing these trainings:

Please sign in to your LMS account prior to **Thursday, December 14**, to ensure that your account is active. Please do not attempt to complete the trainings at this time; simply verify your ability to access your account. If you have issues accessing your account, email stafftraining@northernrivers.org.

1. The online versions of the trainings will automatically be available to all users on their LMS training portal home page **beginning January 1**. Please do not request access to them, or they will appear multiple times in your account.
2. Log in and complete the trainings **between January 1 and 31**—if you attempt to complete the trainings before January 1, they will not count.
3. The traditional classroom trainings (listed below) require pre-registration. These are listed in the LMS as “January Compliance Month Trainings”.

If you experience any difficulties with the LMS, please e-mail stafftraining@northernrivers.org.

Compliance Classroom Training Schedule only for those **without regular computer access:**

Thursday, January 4, 2-3:30 p.m. at SATRI

Wednesday, January 10, 9-10:30 a.m. at SATRI

Wednesday, January 10, 12:30-2 p.m. at the Children’s Home

Thursday, January 11, 9-10:30 a.m. at the Children’s Home

School @ Northeast Staff ONLY: Friday, January 12, 9-10:30 a.m.

Neil Hellman School Staff ONLY: (three-part training, must complete all trainings) Friday, January 5, 8-8:40 a.m. (BBP/HazCom); Friday, January 12, 8-8:40 a.m. (Corporate Compliance); Friday, January 19, 8-8:40 a.m. (HIPAA)

Again, every full and part-time member of our Workforce must complete these trainings **by January 31, 2017**. To ensure compliance, **we ask that directors, coordinators and supervisors make it a point to share this information with Workforce who do not have computer access.** Thank you for your cooperation, and please don’t hesitate to contact your supervisor or the QM staff with any questions.

Winter Safety

1. Walk flat footed and take short steps



2. Wear footwear that provides traction



3. Step down, not out from curbs



4. Use your arms for balance



5. Carry only what you can



When the going gets slippery,



walk like a penguin.

Driving Safety Tips

- Reduce speed and allow plenty of space between you and the vehicle in front of you.
- Avoid making sharp turns or braking suddenly, both of which can cause you to lose control of your vehicle.
- If your vehicle begins to skid, gently steer in the direction of the skid to regain control. Resist the urge to jerk the steering wheel in the other direction.

Stay **safe**
and **warm**
in the cold

Wear **layers of clothing** plus **boots, gloves** and a **hat**.

Set **time limits** for outdoor play to prevent getting sick.

Use a **helmet** if skating, skiing, sledding or snowboarding.



Self Care



What is a Self Care Plan?

A self care plan is a list of activities that you can choose from when feeling overwhelmed, so that you can stop yourself from doing something unsafe.

Sample Plan:

-
- Count backwards from 20
 - Listen to my favorite song
 - Call a friend
 - Take a walk
 - Massage my hands.
-

Self care plans keep people safe by helping to control emotions.

Remember to:

- Change your plan often because what works for you may change
- Keep your plan handy to help you remember your choices
- Share your plan with others so they can help you when you feel overwhelmed.

Miscellaneous

NEARI Press

FREE Online Courses

The NEARI Press Training Center

NEARI Press also offers in-person training by some of our leading authors. Please visit the NEARI Press website at www.nearipress.org/certificate-program to learn more about our programs. Below is an example of just one of the scheduled training programs:

Assessment of Juvenile Sexual Risk: Three-Day Certification

Date: October 17-19, 2016

Location: Albany, NY

Cost: \$450. (*\$395 if registering before September 2, 2016*)



This course will provide instruction and practice experience in administration of sexual risk assessment for juveniles who have previously engaged in sexually abusive behavior. Participants will gain a thorough understanding of juvenile sexual risk assessment, understand the use of risk assessment instruments and gain feedback-driven practice experience.

NEARI Press now offers
CE Credits for many of our
online courses and webinars.

Visit www.nearipress.org
website to learn more!

Understanding Children's Sexual Behaviors – From Natural and Healthy to Disturbed

Instructor: Toni Cavanagh Johnson, Ph.D.

Dr. Johnson is a licensed clinical psychologist, author, and internationally recognized researcher and trainer in the field of child sexual abuse. Her essential course helps people working with children understand how to distinguish the expected behaviors related to sex and sexuality in young children from behaviors that are of concern and require intervention.

Current Practice for Treating Adolescents Who Have Sexually Abused

Instructor: David Prescott, MSW

The course provides an overview of what we know and don't know about adolescents who have sexually abused, places these youth in the context of their development, and describes the key elements of effective treatment. If you ever plan to refer an adolescent to specialized treatment or want to get current on the most recent research regarding their treatment, this course is an essential building block to your work.

Stopping Sexual Abuse Through Intervention with Sexually Abusive Youth

Instructor: Steven M. Bengis, Ed.D., LCSW

This introductory online course covers how best to identify and intervene with youth who have sexually abused — to prevent them from further harmful behaviors. Take this course if you want an overview of how sex abuse-specific assessment, case management, and treatment can help give a teenager the opportunity to live a healthy abuse-free life.

Engaging Bystanders in Sexual Violence Prevention

Instructor: Joan Tabachnick, MBA

Sponsored by the National Sexual Violence Resource Center (NSVRC)

This one hour workshop is designed to give advocates, professionals, and interested individuals basic information about bystander intervention. This overview provides an introduction to why people don't act, what we have learned about engaging people and most of all, encouraging them to take action. You can also order or download the free publication at www.nsvrc.org.

First Responders: Responding to Sexual Assault Disclosures

Jaime Suvak, MS, Boston Area Rape Crisis Center

This innovative model for responding to a disclosure of sexual violence stresses the importance of a supportive response and describes how to sensitively encourage the survivor to seek further care. Ideal for staff in college and university settings the course emphasizes four key areas: Safety, Empowerment, Empathy, and Knowledge (SEEK).

Building Learning Activities the Brain-Based Way

Instructor: Penny Cuninggim, Ed.D., MAT, MSW

Brain-based teaching is a new approach dramatically improving classroom practice. This course introduces: 1) research-based principles about how the brain learns best; and 2) related brain-based strategies for designing effective learning activities in schools, residential programs, counseling settings, and after-school programs. This course will be helpful for anyone working with hard to reach kids.

Balancing Acts: Keeping Children Safe in Congregations

Instructors: Reverend Debra W. Haffner and Joan Tabachnick, MBA

This groundbreaking course offers information, policies, and procedural suggestions to create congregations where children and youth are safe from sexual abuse. If you are part of any faith community, this Unitarian Universalist Association course will provide you with the essential tools for a comprehensive approach to safety and prevention.

website a www.nearipress.org/training-center

Miscellaneous

NEARI Press

Cultural Sensitivity Working with Juvenile Sex Offenders and their Families

Presenter: Alejandro Leguizamo, Ph.D.

Date: Tuesday, January 16, 2018

Time: 3:00 PM - 4:00 PM EDT

Description: This webinar explores how sex offender treatment providers can maximize juveniles' participation in treatment by engaging them, and their families, in culturally-informed ways. Forging a strong therapeutic relationship with clients is the cornerstone of change. In an era of manualized treatment, the development and maintenance of a therapeutic bond is often overlooked and can lead to mixed or superficial engagement in treatment. Moreover, support from youths' families, along with other systems, can be essential for long-term change. This webinar will provide participants with a framework used to provide culturally-sensitive treatment.

Learning Objectives: Participants will:

1. Be able to identify the various ecological systems in which clients, their families, and ourselves develop, exist, and function.
2. Be able to describe the three multicultural competencies developed by Sue and Sue.
3. Be able to identify how to apply the above concepts to specific cases.

Please register for this webinar here (link):

[https://attendee.gotowebinar.com/register/7358096027792306434.](https://attendee.gotowebinar.com/register/7358096027792306434)

You can access the YouTube recording after the webinar, on our channel [NEARI Press YouTube Channel](#).

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