# NORTHERNRIVERS

NORTHEAST PARENT & CHILD SOCIETY PARSONS CHILD & FAMILY CENTER

SATRI Training & Research

# TRAINING NEWS LINK

# May 2019-June 2019

#### **\*\*IMPORTANT NOTE REGARDING CEU CREDITS\*\***

As you are aware, SATRI offers continuing education hours for social workers, Mental Health Counselors, CA-SAC, and CTLE professions. If you are registering for a course in the LMS and are in need of continuing education credit, please be sure to check the "subject" line in course information to assure CEU's are available on that course for your profession. Not every course that offers continuing educations, offers them for all disciplines. We want to be sure staff do not attend training that will not qualify for their needed hours. If at any time you have a question regarding continuing education for a course, please feel free to contact us directly at:

#### stafftraining@northernrivers.org



SATRI enjoyed an afternoon of team building at 5 Wits in Crossgates Mall. Needless to say, our collective "wit" allowed us to save the mothership and return everyone safely to earth!

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Northern Rivers 60 Academy Road campus is embarking on an ambitious construction project which will impact parking on the campus. We are moving the location of trainings starting May 2019. The LMS is already updated with the new locations. Please make note of the location of the training when registering.

**BOCES** location is:

#### Capital Region BOCES 900 Watervliet-Shaker Road Albany, NY 12205

\*\*There are several rooms at BOCES so please make note when registering which room the training will be held in.\*\*\*

## Internal Trainings

## Mandated Reporter

The following is sent on behalf of Mark Snyder, Chief of Compliance and Quality Improvement:

May is Mandated Reporter training month. All employees, interns, volunteers, contractors, and subcontractors of Northern Rivers, Northeast, and Parsons are required to complete Mandated Reporter training between May 1 and May 31, regardless of when they last completed the training.

Those with regular computer access are instructed to complete their training using the LMS (<u>https://northernrivers.csod.com</u>). Mandated Reporter training will automatically be assigned to all user accounts **May 1**.

We have scheduled a limited number of trainings **only for staff members who do not have regular computer access.** However, registration is still required via the LMS. The schedule is as follows:

Tuesday, May 7, 2019 - 1:00 to 2:00 p.m., SATRI building 60 Academy Road, Albany

Wednesday, May 8, 2019 - 12:00 to 1:00 p.m., Children's Home122 Park Avenue Schenectady

Wednesday, May 15, 2019 -12:00 to 1:00 p.m., SATRI building 60 Academy Road, Albany

Wednesday, May 15, 2019 - 2:45 to 3:45 p.m., School at Northeast 1821 Hamburg Street, Schenectady

Friday, May 17, 2019 -8:00 to 9:00 a.m., Neil Hellman School 60 Academy Road Albany

Wednesday, May 29, 2019 - 9:00 to 10:00 a.m., Children's Home 122 Park Avenue Schenectady

Please share this information with those who do not have regular computer access. If you have any questions regarding the training or the LMS, please contact <a href="mailto:stafftraining@northernrivers.org">stafftraining@northernrivers.org</a>

## Internal Trainings

#### **Motivational Interviewing**

May 16, 2019 – Motivational Interviewing 8:30am-4:30pm at BOCES-Liberty Room 900 Watervliet-Shaker Road, Albany, NY 12205 (7 CEU's)

#### Youth Mental Health First Aid

May 21, 2019 – Youth Mental Health First Aid 8:30am-4:30pm at BOCES-Albany Room 900 Watervliet-Shaker Road, Albany, NY 12205

#### Residential Counselor/Therapeutic Support Worker Training

May 22, 2019- RCTSWT/Residential Rules, Responsibilities and Proper Pr. 10:00am to 12:00pm at SATRI 60 Academy Road, Albany, NY 12208

May 22, 2019- RCTSWT/Intro to Trauma Informed Care 12:00pm to 2:00pm at SATRI 60 Academy Road, Albany, NY 12208

**June 19, 2019-** RCTSWT/Residential Rules, Responsibilities and Proper Pr. 10:00am to 12:00pm at Children's Home Cafeteria 122 Park Avenue, Schenectady, NY 12304

June 19, 2019- RCTSWT/Intro to Trauma Informed Care 12:00pm to 2:00pm at Children's Home Cafeteria 122 Park Avenue, Schenectady, NY 12304

#### Supervision for Success (S4S)

**May 8, 2019** Supervision for Success Day Three 9:00am to 4:00pm at SATRI 60 Academy Road, Albany, NY 12208 (To attend you must have already attended Day 1 and 2 of this session.)

#### **TCI Training (Therapeutic Crisis Intervention)**

May 9, 10, 16, & 17, 2019-TCI Full 9:00am-5:00pm at Children's Home Cafeteria 122 Park Avenue, Schenectady, NY 12304

June 13, 14, 20 & 21, 2019 – TCI FULL 9:00am -5:00pm at BOCES-Empire Room 900 Watervliet-Shaker Road, Albany, NY 12205

#### Safety & Awareness

May 9, 2019 – Safety & Awareness 9:00am-4:00pm at BOCES-Empire Room 900 Watervliet -Shaker Road, Albany, NY 12205 (6 CEU's)

## Internal Trainings

## First Aid/CPR

May 13, 2019 – First Aid/CPR 9:00am - 3:00pm at SATRI 60 Academy Road, Albany, NY 12208

June 10, 2019 – First Aid/CPR 9:00am - 3:00pm at SATRI 60 Academy Road, Albany, NY 12208

June 20, 2019 – First Aid/CPR 4:00pm - 9:00pm at SATRI 60 Academy Road, Albany, NY 12208

#### Med Admin

June 6, 2019 - Med Admin 9:30am-11:00am at SATRI 60 Academy Road, Albany, NY 12208

## Teen Intervene

May 6, 2019- Teen Intervene 9:00am-4:00pm at BOCES-Schoharie Room 900 Watervliet-Shaker Road, Albany, NY 12205 (6 CEU's)

## **Clinical**

May 14, 2019 – Role of Attachment in Grief & Loss 9:00am-4:00pm at Children's Home Cafeteria 122 Park Avenue, Schenectady, NY 12304 (6 CEU's)

May 19, 2019- Substance Use & Family Dynamics 9:00am -4:00pm at BOCES Empire Room 900 Watervliet-Shaker Road, Albany, NY 12205

June 6, 2019- Cognitive Behavior Therapy Day One 9:00am -4:00pm & June 7, 2019 Cognitive Behavior Therapy Day Two 9:00am –12:00 at BOCES Empire Room 900 Watervliet-Shaker Road Albany, NY 12205 (You must attend both days.)

June 11, 2019-Stereotypes in the Workplace 12:00pm-1:00pm at SATRI 60 Academy Road, Albany, NY 12208

## External Training

## Free to employees:

June 19, 2019-Substance Use and Family Dynamics

9:00am-4:00pm at BOCES-Empire Room 900 Watervliet-Shaker Road, Albany, NY 12205

## Please Register via the LMS.

#### Substance Use and Family Dynamics information:-

Due to the ever-changing nature of substance use it is important that professionals working in child welfare have an awareness of commonly used mood altering substances as well as newer drug trends throughout New York State. This includes but is not limited to signs and symptoms of intoxication and withdrawal as well as associated paraphernalia. In addition to this it is imperative that child welfare workers understand the short term and longer term effects of Alcohol and Other Drug (AOD) use on the wellbeing of the child and the family as a whole. Not only will this lead to better assessment of familial strengths needs and environments but it will assist the worker in engaging families in the planning process more effectively intervening with and referring children and families affected by Substance Use Disorders (SUD). The goal of the Substance Use and Family Dynamics training is to raise participants' awareness of commonly used substances signs and symptoms associated with use and drug trends in New York State as well as how parental drug use can affect child safety and risk. Participants will be able to educate children and families on the short term and longer term effects of AOD use. Moreover this training will provide best practice techniques for engaging and planning with youth and families around suspected or confirmed AOD use. Participants will also learn the potential effects of treatment and relapse on child safety permanency and wellbeing.

If you have any questions email: StaffTraining@northernrivers.org

## External Training



#### CONFIRMED PRESENTERS



#### J. STUART ABLON, PH.D.

Director, Think:Kids in the Department of Psychiatry, Massachusetts General Hospital

J. Stuart Ablon, Ph.D., is the Director of Think:Kids in the Department of Psychiatry at Massachusetts General Hospital. He is also Associate Clinical Professor of Psychology in the Department of Psychiatry at Harvard Medical School. Dr. Ablon co-founded the Center for Collaborative Problem Solving where

he also served as Co-Director from its inception until 2008. Dr. Ablon is co-author of Treating Explosive Kids: The Collaborative Problem Solving Approach and author of numerous articles, chapters and scientific papers on the process and outcome of psychosocial interventions. A dynamic and engaging speaker, Dr. Ablon was recently ranked #5 on the list of the world's top rated keynote speakers in the academic arena. Dr. Ablon's research has been funded by, amongst others, the National Institute of Health, the American Psychological Association, the American Psychoanalytic Association, the International Psychoanalytic Association, the Mood and Anxiety Disorders Institute, and the Endowment for the Advancement of Psychotherapy.

#### WENDY ELLIS, PH.D.

Project Director, Milken Institute School of Public Health, George Washington University

Since 2015, local coalitions made up of grassroots organizations, public health, health care, social work, education and other sectors have used the Building Community Resilience (BCR) process to address inequities that result in adverse childhood experiences and adverse community environments (the Pair

of ACEs). Using the BCR Process community and organizational leaders, leverage data and resources to address the economic, social and environmental factors that contribute to a community's resilience, health and wellbeing. Project Director, Dr. Wendy Ellis will discuss the science, historical and political context that informs these multi-sector initiatives and share practical information from this ground-breaking work. Join us for this important call to action to build a Resilient Albany.

Logistics / Details TBA: Registration, Times, Parking, Lunch, Continuing Ed (CEUs)



Offering health care practitioners and primary physicians as well as those with responsibilities across a wide span of human serving roles a unique opportunity to gain important and useful knowledge about the effects of trauma on brain development, how prevention and trauma informed care can be of significant benefit, and how ACE informed practice can aesist with prescriptive treatment and improved use of resources. Also targeted to DSS Caseworkers and Supervisors, Child Welfare Administrators, Clinicians and Therapists, Jovenile Probation, Educators, Direct Care Staff and Supervisors within the non-profit provider sector.

#### More information will follow -- www.lasalle-school.org

#### External Training

Satri received 10 free registration spots that are currently filled. But you can still attend the training at the cost price listed below; email Frank Delano at fdelano24@aol.com



#### **CULTURAL APPRECIATION** HAVING A THIRST TO LEARN ABOUT AND EMBRACE CULTURAL DIFFERENCES AND THE KEY TO DELIVERING QUALITY CLIENT SERVICES

Presented by Frank Delano, LMSW, and Noor Almaoui, LCSW

#### Description

There are many components to providing high-quality services to people we work with, but it all goes back to engagement and the person feeling respected, and not judged, by the worker. Many cultural "competence" trainings give general parameters of information about various cultures or address appropriate terms to use. Although this can be helpful, most people can sense when someone goes beyond that and has a genuine interest in understanding what aspects of their culture are important to them. This highly interactive training goes beyond increasing understanding and tolerance of cultural difference by focusing on strategies to embrace those differences and make them a foundational part of the relationship. Participants will self-reflect honestly on their biases, examine what has worked for them in culturally engaging families, and develop of a new sense of awareness of starting where the client's important cultural identifications are. We will also discuss how our focus on "cultural appreciation" can enhance our relationships with each other.

#### Topics

- Striving for cultural "competence" can result in "playing not to lose" when engaging people culturally, striving for cultural "appreciation" is "playing to win"
- Understanding the concept of "cultural appreciation" and how it differs from "cultural competence"
   Decompleting if and when "different" to competence "
- Recognizing if and when "different" becomes "wrong" and whether that matters
  Recognizing whether you are placing your values and sense of "merit" onto your clients because
- "it is good for them"Distinguishing between "stereotypes" and genuine characteristics of someone
- Determining whether you should accept food in a client's home if offered
- Learning what part of a client's "culture" is most important, beyond the ethnic, racial, sexual identification, language, age, and other "boxes" with which people tend to identify others

Date:	Monday, June 3, 2019
Time:	9:00 a.m.–4:30 p.m.
Location:	Capital Region BOCES, Empire Room
	900 Watervliet-Shaker Rd., Albany, NY 12205
Credits:	6 continuing education credits
Cost:	\$100 per person
<b>Registration:</b>	email fdelano24@aol.com or call 914.673.7802

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