



# Community Residence

**Northern Rivers Family of Services offers a continuum of residential treatment options that can help any child find success.**

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*This program is one of the services provided by Northern Rivers Family of Services and its member agencies, Northeast Parent & Child Society and Parsons Child & Family Center.*

Northern Rivers' community residence, Miriam House, is located on Northern Rivers' Academy Road campus in Albany and licensed by the New York State Office of Mental Health (OMH). Miriam House serves 8 youth ages 12–17 who have a diagnosed mental health disorder and require out-of-home care, but do not require placement in a Residential Treatment Facility.

The facility also offers one short-term (up to 2 weeks) respite bed for youth not in psychiatric crisis who are in need of a break from their current living environment.

Treatment is provided with the goal of assisting youth in their development of social and life skills to return to family or to live independently.

**Northern Rivers provides programming and support  
24 hours a day, 7 days a week, 365 days a year.**

## **Available Services**

- Housing located in a residential neighborhood campus setting with on-site medical care and supervision and support 24 hours a day, 7 days a week
- Treatment planning strongly influenced by each youth, family, and involved external service providers
- Case management and transportation support
- Services provided under a trauma-informed care model
- Focus on skill-building
- Assessments to monitor progress

## **Benefits**

- Improved functioning at home, at school, and in the community
- Increased linkage to services available in the community
- Strengthened relationships with family
- Focus on independence/graduation to less restrictive level of care
- Aftercare planning

## **How to Get Started**

Youth from Albany, Columbia, Greene, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington counties may be referred by the county's single point of access (SPOA) team.

**NORTHERNRIVERS**