

# NORTHERN RIVERS

NORTHEAST PARENT & CHILD SOCIETY  
PARSONS CHILD & FAMILY CENTER

*SATRI Training & Research*

## TRAINING NEWS LINK

**March 2018 - April 2018**

### Internal Trainings

#### Supervision for Success (S4S)

**March 13, 2018, April 17, 2018 & May 15, 2018 (MUST ATTEND ALL 3 DAYS)** - Supervision for Success 9:30am-4:00pm at SATRI (18 CEU'S)

#### Baseline Coding for CANS NY

**March 14, 2018** - Baseline Coding for CANS NY 8:30am-12:00pm at SATRI

#### Youth Mental Health First Aid

**March 16, 2018** - Youth Mental Health First Aid 8:30am-4:30pm at SATRI

#### Motivational Interviewing

**April 18, 2018** - Motivational Interviewing –8:30am-4:30pm at SATRI (6 CEU's)

#### SafeTALK

**April 27, 2018** –SafeTALK9:00am-3:00pm at SATRI (3 CEU's)

"Once in a while you get shown the light, in the strangest of places if you look at it right"

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March 11th

*Daylight Saving Time Begins*



April 1st



March 17th

## *Internal Trainings*

### **Clinical**

**March 9, 2018**-Essentials of Assessment: Intro to Trauma Recovery 9:00am-12:00pm at SATRI (3 CEU's)

**March 23, 2018**-Essentials of Assessment: Service Planning Referral to Discharge 9:00am-12:00pm at SATRI (3 CEU's)

**March 29, 2018** –Supporting Youth with Brain Injury 1:00pm - 3:00pm at SATRI (2 CEU's)

**March 30, 2018**-Essentials of Assessment: Healing from Trauma/Protective Factors 9:00am-12:00pm at SATRI (3 CEU's)

**April 2, 2018** –Trauma Informed Care 9:00am-12:00pm at SATRI (3 CEU's)

**April 2, 2018** –Person Centered Care 1:00pm-4:00pm at SATRI (3 CEU's)

**April 3, 2018**– Cognitive Behavioral Therapy (CBT) 9:00am-4:00pm at SATRI and  
**April 4, 2018**– Cognitive Behavioral Therapy (CBT) 9:00am-12:00pm at SATRI (You must attend both days)

**April 6, 2018** –Working with Traumatized Teens: How to Get Unhooked presented by Martha Strauss 9:00am-4:00pm at SATRI

**April 13, 2018** –Family Cohesion & Personal Resiliency 9:00am-12:00pm at SATRI (3 CEU's)

**April 24 and 25, 2018** –Caring for Children Who have Experienced Trauma 9:00am-3:00pm at SATRI **Must attend both days. (10 CEU's)**

**April 27, 2018** –Develop Creative Ways for Clients to Tell Their Story 9:00am-12:00pm at SATRI (3 CEU's)

### **Diversity**

**March 30, 2018** - Stereotypes in the Workplace– 12:00pm-1:00pm at SATRI (1 CEU's)

**April 5, 2018** - Understand & Supporting LGBT Youth 8:30am-12:30 pm at SATRI (3 CEU's)

## **Internal Trainings**

### **TCI Training (Therapeutic Crisis Intervention)**

#### **Full TCI:**

**Must attend all four days.**

**March 8, 9, 15, & 16, 2018** - TCI Full Training 9:00am –5:00pm Children's' Home, Schenectady

**April 12, 13, 19, & 20, 2018** - TCI Full Training 8:30am-4:30pm at SATRI

#### **Update TCI:**

**March 13 & 14, 2018** -TCI Update Training 5:30pm-9:00pm at SATRI (must attend both evenings)

**March 15, 2018** -TCI Update Training 9:00am-3:00pm at SATRI

**March 21, 2018** -TCI Update Training 9:00am-3:00pm at Children's Home

**March 27, 2018** -TCI Update Training 9:00am-3:00pm at SATRI

### **First Aid/CPR**

**March 12, 2018** -First Aid/CPR 9:00am-3:00pm at SATRI

**April 9, 2018** -First Aid/CPR 9:00am-3:00pm at SATRI

### **Applied Suicide Intervention Skills Training (ASIST)**

**April 11 & 12, 2018** – Applied Suicide Intervention Skills Training (ASIST) 8:30am-4:30pm at SATRI (14 CEUs) *(Must attend both days)*

### **Med Admin**

**April 5, 2018** - Med Admin 9:30am-11:00am at SATRI

### **ARC Advanced Experiential Training**

**(For Employees who have completed ARC 101 or equivalent training)**

**April 27, 2018** –ARC Advanced Experiential Training 10:00am-4:00pm at SATRI (6 CEU's)

## Trauma Informed Care Focus (March)

### Focus

Children and families impacted by complex trauma struggle with finding hope for change in their lives. Caregivers and service providers need to help children and family find their resiliency in order to affect change.

Resilience is defined as “the capacity to recover quickly from difficulties; toughness”.

What does resilience look like?

<http://trauma-recovery.ca/resiliency/what-is-resiliency/>

How to recognize taking baby steps with a client is important and meet where the client is at.

<https://www.psychotherapynetworker.org/blog/details/779/finding-hope-when-the-odds-are-against-you>

### Activities

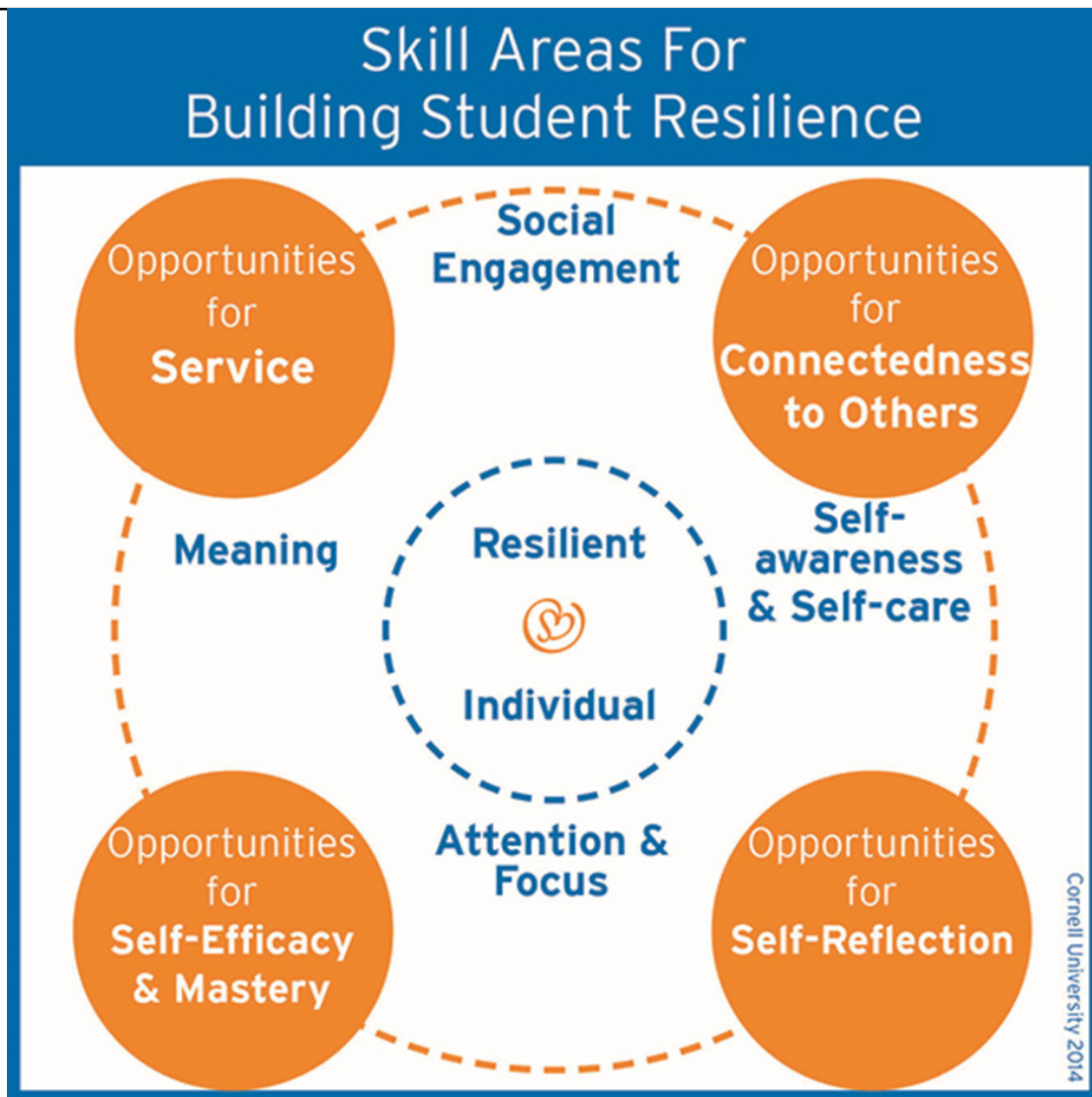
How to help clients build resilience through social engagement, self-awareness and self-care and through attention and self focus.

<https://health.cornell.edu/resources/health-topics/building-resilience>

### Success Story

Trailer for the movie “Paper Tigers”. Watch how a school worked towards improving their students’ resilience.

[https://www.youtube.com/watch?v=KdDr\\_nZOIXc](https://www.youtube.com/watch?v=KdDr_nZOIXc)



### **Additional resources**

Other motivational speakers to consider: Nick Vujicic, Maysoon Zayid and Brendon Burchard

Workbooks:

["The Resiliency Workbook by Nan Henderson](#)

["The Building Resiliency Workbook" by Ester Leutenberg and John Liptak](#)

["Teen Resiliency Workbook" by Ester Leutenberg and John Liptak](#)

### **Quote**

*"Success is not final, failure is not fatal; it is the courage to continue that counts."* Winston Churchill



# From ACEs Too High: Oprah Winfrey Addresses the Long-Term Effects of Trauma This Sunday on CBS's 60 Minutes

Oprah Winfrey addresses the long-term effects of childhood trauma this Sunday, March 11 on 60 Minutes (tune in on CBS at 7:00 p.m. ET). The word is spreading quickly about the potential impact of this 60 Minutes segment. One ACEs Connection member said "The cause now has an iconic "champion of champions". This could be a significant game changer." Another said we should all be prepared to respond afterwards with opeds and letters to the editors to local papers, meetings with legislators etc.

Oprah's story features an interview with Bruce Perry, MD and coverage of visits two trauma-informed Milwaukee organizations- SaintA and the Nia Imani Family Center. Oprah spent part of her youth in Milwaukee and spoken candidly about her own childhood trauma. Go to here to read the post by ACEs Connection member, Michelle Sieg of SaintA, who had first hand involvement in sharing the story of SaintA's clients. <http://www.acesconnection.com/blog/oprah-calls-trauma-informed-care-game-changing-promotes-upcoming-story-about-aces-and-healing>

Go to here for a preview of the 60 Minutes segment from CBS News.

<https://www.cbsnews.com/news/oprah-winfrey-childhood-trauma-ptsd-60-minutes-report/>

Andrea Smyth, Executive Director  
Jackie Negri, Associate Executive Director  
NYS Coalition for Children's Behavioral Health

[Visit our website!](#)

## External Training



### MARCH

*Learning Wednesday Series with Dr. Joe Hunter*

March 14 – **LIVE WEBINAR** | 3:30PM – 5:00PM EST

**Depression: Etiology, Assessment, and Diagnosis**

NASW Member Fee: \$10 | Non-Member Fee: \$25

**NYSED Approved for 1.5 CE Contact Hours**

*Learning Wednesday Series with Dr. Joe Hunter*

March 28 – **LIVE WEBINAR** | 3:30PM – 5:00PM EST

**Depression: Promising and Evidence Based Treatments**

NASW Member Fee: \$10 | Non-Member Fee: \$25

**NYSED Approved for 1.5 CE Contact Hours**

### APRIL



*NASW-NYS Professional Development Course*

April 3 – **LIVE WEBINAR** | 5:30PM – 7:30PM EST

**Leap with Confidence: 5 Steps to Solopreneurship**

NASW Member Fee: FREE | Non-Member Fee: \$30

**There are no continuing education credit hours associated with this workshop**



*NASW-NYS Clinical Live Webinar*

April 12 – **LIVE WEBINAR** | 12:00PM – 1:30PM

**Transforming the Cycle of Worry Into Useable Vigilance for Counseling Clients with Food Allergies**

NASW Member Fee: FREE | Non-Member Fee: \$30

**NYSED Approved for 1.5 CE Contact Hours**



*Co-Sponsored with the Northeast/Caribbean AIDS Education and Training Center and Albany Medical College's Division of HIV Medicine*

**FREE CONFERENCE**

April 19 – **HENRIETTA, NY** | 8:40 AM – 2:00PM

**HIV and Hepatitis C Conference for Non-Clinical Providers**

**NYSED Approved for 4.0 CE Contact Hours**

**[Click here for Program Information & Registration](#)**

Go to: **<https://naswnys.org/continuing-education/nasw-nys-continuing-education-schedule>** for program information and registration.