

artwork by Deion

Who Said the Voices Aren't Real? *A Symposium*

Part 1: Living Well with Psychosis

Friday, September 22, 2017

8:30 a.m. - 4:45 p.m.

Franklin Terrace, 126 Campbell Ave., Troy, NY 12180

COST: \$60 (includes continental breakfast & lunch)

This one-day symposium will enable behavioral health care providers, medical providers, human services professionals, individuals in recovery and their families, academics, and stakeholders to support those with psychosis live well. This recovery-oriented symposium consists of a keynote speaker who has lived experience with psychosis, a panel discussion on early intervention services, as well as six workshops led by experts on a range of topics including cognitive behavioral therapy for psychosis, psychopharmacological interventions, and Supported Education and Employment. Join us for this innovative day of learning and dialogue about psychosis—the first to be offered in the Greater Capital Region.

Attendees will

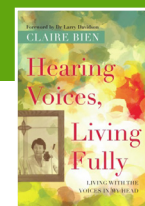
- » Gain better understanding of what it means to live well with psychosis contrasted with what it means to be cured
- » Learn about the various components of coordinated specialty care for first episode psychosis treatment including peer support and the role of families
- » Enhance skill set in the assessment of psychotic disorders and learn about evidenced-based psychosocial and psychopharmacological interventions for psychosis
- » Increase knowledge of community resources



Keynote Presentation, On Psychosis

Speaker, Claire Bien, MEd

Ms. Bien will discuss both historical and contemporary methods used to help people learn to manage, and if desired live with, hearing voices. She will provide insights into the ways voice hearers can benefit from learning to view and negotiate with kind, difficult, and seductive voices, largely informed by her personal experience with psychosis. Additionally, Ms. Bien will read selections from her memoir, *Hearing Voices, Living Fully*, and discuss factors she believes contributed to her experiencing psychosis. She will describe social and psychological factors that have allowed her to achieve a virtually full, unmedicated recovery.



Copies of Claire Bien's memoir, *Hearing Voices, Living Fully: Living with the Voices in My Head*, will be available for purchase at the event, which will take place in the afternoon.

Continuing Education Credits Are Available

Register Now!

<https://whosaidthevoicesarentreal.eventbrite.com>



Panel Discussion, On Early Intervention (Continuing Education Credits: 1)

Facilitator, Lauren Utter, PsyD

Dr. Utter will provide an overview of early intervention treatment for psychosis, based on a Coordinated Specialty Care (CSC) model, which promotes shared decision making and offers treatment tailored to first episode psychosis including psychotherapy, medication, family education and support, work and education support, peer support, nursing, and care coordination. This overview will be followed by a facilitated panel discussion by young adults who are participants or recent graduates of a first episode psychosis program. Topics covered will include successes and challenges in recovery, engagement with treatment providers, the role of work and school, and the impact of family support on overall well-being.

BREAKOUT SESSIONS (Attendees choose one)

Assessment of Psychotic Disorders (Continuing Education Credits: 2)

Instructor, Iruma Bello, PhD

Supported Education and Employment for People Experiencing Psychosis:

A Perspective from the Individual Placement and Support Model (Continuing Education Credits: 2)

Instructor, Gary Scannevin Jr., MPS, CPRP

BREAKOUT SESSIONS (Attendees choose one)

Evidenced-Based Interventions

Prescribing in Early Psychosis: Make Haste Slowly (Continuing Education Credits: 1)

Instructor, Albert Powers III, MD, PhD

Cognitive Behavioral Therapy for Psychosis:

An Evidenced-Based Intervention (Continuing Education Credits: 1)

Instructor, Iruma Bello, PhD

The Role of Peers, Families, and Supports

Brendon Smith, MA, PhD

The Evolution of Peer Support for Psychosis:

Early Intervention and Beyond (Continuing Education Credits: 1)

Instructor, Harvey Rosenthal

The Role of Families and Supports in Recovery with Psychosis

(Continuing Education Credits: 1)

Instructor, Jenna Bernhardt, LCSW

For more information about the symposium and
Continuing Education Credits,
please visit our website:

www.northernrivers.org/psychosis-symposium

Don't Miss Part 2!

Join us Friday, October 27, for Part 2, Hearing Voices: An Experiential Learning Workshop
Register by September 22 and save \$5 off the \$25 registration fee.

