



# Unlimited Potential

*Increasing the vocational opportunities of individuals with mental illness in living Saratoga County by providing vocational rehabilitation and employment services.*

## Unlimited Potential

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For more information on our myriad programs, pricing on fulfillment services, or to schedule a tour of our facility, call us!

*These services are provided by Northern Rivers Family of Services and member agencies.*

**NORTHERN  
RIVERS**

Founded in 1979, Unlimited Potential assists individuals diagnosed with a psychiatric illness to find meaningful work through a wide range of training and employment services. In 2019, Unlimited Potential affiliated with Northern Rivers Family of Services, becoming part of a family of human service agencies that provide an innovative continuum of home-, clinic-, school-, and community-based services, vocational rehabilitation, supported employment, and senior-supporting programs that provide person-centered, trauma-informed innovative solutions to ensure clients live their best lives.

The quality of care, depth of programs, combined size, and passion for the mission make Northern Rivers a leading provider with a 1,400-person workforce providing services for 18,000 children, adults and families throughout 40 counties in upstate New York.

## Assisted Competitive Employment

We offer support in all aspects of vocational services to individuals in recovery after experiencing a mental illness. Our services include one-on-one employment services to determine job preparedness, develop job search strategies, and provide on-site job training:

- Career exploration
- Resume preparation
- Interview skills training
- Extended on and off-site job coaching
- Assessment
- Advocacy
- Job searching
- Job-related crisis intervention
- Benefits counseling
- Ongoing, flexible follow-along supports

## Supported Education

We provide mental health and rehabilitation services to individuals with a serious mental illness to assist them to develop and achieve academic goals. A person-centered approach model is used to determine areas individuals require assistance.

## Diagnostic Evaluation

Individual testing programs to help find what types of careers work best for each individual in recovery after experiencing mental illness while considering his or her personality, capabilities, aptitudes, and educational background.

- Discovering transferable skills
- Insight through test results into what type of work best fits the individual
- Assessments of individual's social and interpersonal skills

## Golden Club

A social model day program serving eligible individuals who are older than 50 and who have a psychiatric disability. The mission is to reduce isolation and increase social interaction through a variety of social, physical, and educational activities.

## Peer Supports

This program emphasizes independence and self-reliance and develops the skills needed to function in the community outside of the mental health system.

- Assistance with budgeting, scheduling and organizing appointments, medical and legal advocacy, budgeting, conflict resolution and connecting to and navigating through the community resources available
- Provides rehabilitative and support activities based on the principle that people who share a common condition or experience can be of substantial assistance to teach each other.
- A Warm Line where people can have a safe place to reach out to discuss non-emergency situations

## *The Vocational Training Center*

Our work center, an 18,000-square-foot building in the Grande Industrial Park in Saratoga Springs, provides training in both life and employment skills for individuals in recovery after experiencing mental illness. It includes employment opportunities to use these skills that boost self-esteem and personal pride, encourage independence, and facilitate community membership and participation. All of this occurs in a supportive environment that encourages people to reach their potential.

**Fulfillment services.** Pick-and-pack services; we have the ability to store and ship items for company via UPS or the U.S. Postal Service. We make daily trips to the post office and can arrange to have a daily pick up from UPS.

**Mailing services.** We provide bulk mailing services, including printing mailing labels, preparing the entire mailing/labeling, trifolding, inserting, sealing, applying postage, and tabbing.

**Assembly.** Anything that needs to be put together—which is any kind of job we put together—collating marketing materials, shrink wrapping materials: you name it we can do it.

